

JL/TR

7th June 2023

Dear Parent/Carer

Year 9 Lake District Fieldtrip - Preparation

As you are aware, your child is attending the glaciation field trip on Tuesday, 27th June, I just wanted to confirm some last-minute details regarding the day.

The coach will leave the academy at 9.00 am prompt. Students are required to attend school at the normal time of 8.35 am for registration. Students will return to the academy approximately 4.30pm.

The details regarding the structure of the day have been confirmed with the FSC, and students will be walking from Grasmere up to Easedale Tarn to undertake various fieldwork activities. As we are going for a walk in the hills, it is important that students are prepared with the correct outdoor kit to be safe and comfortable. It must be stressed that it is 'field work' so practical clothing is the best as opposed to 'fashionable' attire. If your child does not have all the equipment listed below, certain items are available to hire free of charge from the FSC.

Students will need:

- A packed lunch and plenty to drink (preferably water-minimum 500ml)
- Activity clothes: Light-weight clothes, eg tracksuit, leggings, jumpers, t-shirts etc. (These clothes may get wet so please, no heavy clothing as it is not appropriate)
- Waterproof jacket (with hood) and waterproof trousers (available to hire)
- Appropriate outdoor shoes that your child will be comfortable in for the duration of the day walking boots or a robust walking trainer (available to hire)
- Thick socks for walking shoes trainer socks will result in blisters!
- A warm jacket or sun cream/hat/glasses depending on the weather as geography students we should be able to read a forecast!
- Personal medicines (insect repellent is also advised!)
- Pencil and rubber
- A rucksack to carry everything (available to hire)

So that I can inform FSC of what equipment will need to be hired, please complete the slip below and return it to Miss Lockley by Friday, 16th June at the latest. The following table lists the sizing chart for jackets and trousers.

/cont'd

Richard Rose Morton Academy, Wigton Road, Carlisle CA2 6LB

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Jackets		Trousers	
Sizes	Size Guide	Sizes	Height guide
X SMALL	Womens 8-10	X SMALL	< 155cm
SMALL	Womens 10-12	SMALL	155cm-164cm
MEDIUM	Womens 12-14	MEDIUM	165cm-173cm
LARGE	Womens 14-16	LARGE	174cm-183cm
X LARGE	Womens 16-18	X LARGE	>184cm
XX LARGE	Womens 18-20	XX LARGE	wider fit

If you have any questions, please do not hesitate to get in touch.

Yours sincerely

J Lockley

Miss Lockley Teacher of Geography

Please return your slip to Miss Lockley.	

Kit Hire

Lake District Fieldtrip, Tuesday, 27th June 2023

Please circle and complete as appropriate:

Walking boots:	required/not required	Size :	
Waterproof jacket:	required/not required	Size :	
Waterproof trousers:	required/not required	Size :	
Student Name:			
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